

Piedmont Community Services

Promoting Compassionate **S**olutions

NEWSLETTER

April 2013



Birthdays To Celebrate

| William Farley | Apr. | 1 |
|---------------------|------|----|
| Marina Durham | Apr. | 1 |
| Sandy Athey | Apr. | 2 |
| Michelle Fulcher | Apr. | 4 |
| Kristen Harris | Apr. | 4 |
| Jessica Collier | Apr. | 5 |
| Darci Foley | Apr. | 6 |
| Monica Yates | Apr. | 8 |
| Sandra Haden | Apr. | 9 |
| Kelly Koebel | Apr. | 10 |
| Kelly Luther | Apr. | 10 |
| Sandra Lawson | Apr. | 10 |
| Michelle Fralin | Apr. | 11 |
| Mary Moss | Apr. | 15 |
| Iris Bryant | Apr. | 16 |
| Sam Petty | Apr. | 16 |
| Melissa Maxim | Apr. | 19 |
| Kristi Gusler-Jones | Apr. | 20 |
| Melinda Moore | Apr. | 21 |
| Lisa Smith | Apr. | 22 |
| Sidney Ratliff | Apr. | 22 |
| Dana DeHart | Apr. | 25 |
| Darlene Goad | Apr. | 26 |

Get Rid of those Old and Unused Meds!

Two Drug Take Back Events Planned Saturday, April 27, 2013 10 am - 2 pm

FRANKLIN COUNTY

KROGER - Westlake and Rocky Mt. The Medicine Shoppe in Boones Mill Carilion Franklin Memorial Rehab

MARTINSVILLE

Henry County Sheriff's Office

Please do not flush your old and unused medications because traces of prescription drugs are showing up in our drinking water. Currently, there is no technology available to filter these medications out of our water supplies. Please dispose of old drugs safely!

UPCOMING EVENTS

^{10th} Annual Positive **Choices for Youth Rally** Friday, April 26

PCS, HEY!, CHILL and the Drug Task Force will sponsor the 10th Annual Positive Choices for Youth Rally on Friday, April 26, 5:00 -11:00 pm., at Patrick Henry Community College's Stone Hall. This event encourages teens to think about the decisions they make and it also helps them to be able to recognize the positive and negative affects of their decisions.

Area middle school and high school students will have the opportunity to travel through a lifesize maze and discover the possible outcomes of their decisions. For more information or to volunteer, call Katie Connelly at 340-9186.

21st Annual Healing Arts Exhibit May 10-June 14

ARTISTS' RECEPTION May 17 - 12:00 Noon - 2:00 P.M.

Horizons of Martinsville, Patrick County and Franklin County will once again join together to share their amazing artistic talents at the Annual Healing Arts Exhibit. The subtitle of the exhibit this year is "Peace, Love & Hope". Artwork will be on display at Piedmont Arts Association from May 10 – June 14, and will be for sale at very reasonable prices.

PCS employees are invited to the reception and to see the exhibit. The Artist's Reception is Friday, May 17, 12:00 Noon – 2:00 p.m., at Piedmont Arts Association. Contact James Thomas (632-9608), Daniel Spencer (694-5031) or Stephanie Sparozich (483-7818) to RSVP for the reception.

More Events - Page 2



Welcome New **Employees**

Cheir Keene was hired as MHSS on 3/1/13 and reports to Laura Sabados.

Michelle Fralin was hired as Receptionist/Reimbursement Specialist on 3/4/13 and reports to Teresa Bowling.

Brittany Austin was hired as In-Home Hourly Personnel on 3/6/13 and reports to Tamayra Holland.

Stephanie Roberts was hired as In-Home Hourly Personnel on 3/7/13 and reports to Cynthia Scales.

Catrina Campbell was hired as In - Home Hourly Personnel on 3/7/13 and reports to Cynthia Scales.

Iris Bryant was hired as In-Home Hourly Personnel on 3/7/13 and reports to Cynthia Scales.

Jamilah Dalton was hired as Contract-Recreational Therapist on 3/15/13 and reports to Deb Wilcher and Markita Hairston.

Letitia Irvin was hired and Contract – Housekeeper on 3/25/13 and reports to Lisa Smith.

Christina Philpott was hired as Hourly Personnel on 3/28/13 and reports to Ethel Schoolfield.

New Duties:

Mike Muse is now PSR Specialist and reports to Karen Laprade.

Gail Anderson is now Residential Manager and reports to Judy Andersen.

Karen Laprade is now ID Support Coordinator and reports to Teresa Hooper.

> April is **Alcohol Awareness Month**

Employee Recognition Awards Congratulations!

Above & Beyond Awards:

Sherry Winn Sam Petty Kippy Cassell Ted Lawson Carolyn Whiting Shelia Hairston Judy Andersen Monica Yates

Team Spirit Awards:

Kippy Cassell Bill Cook Darryl Alexander
Jim Tobin Courtnay Mills Greg Preston
Carolyn Whiting Linda Hairston Veraine Randolph (2)
Connette Gill Shannon Clark Quincy Gravely
Deb Wilcher Doretha Fountain Mary Potter (2)

Becky Lovell Lisa Smith Carol Nelson (PCS Board Member)

Positive Attitude Awards:

Dawn Prillaman Teresa Bowling

Service Anniversaries to Celebrate

Karen Rorrer – 5 years – April 2013 Scott Rutter – 5 years – April 2013 Kristy Gusler-Jones – 5 years - May 2013 Sheneka Hairston – - 5 years - May 2013 Kippy Cassell - - 25 years – June 2013 Doretha Martin – 10 years – June 2013 Becky Pendleton – 15 years – June 2013

EVENTS Continued

Franklin County Highlighter Party

Friday - April 19 – 7:30 – 10:30 pm
YMCA Essig Center
(for all Franklin County 6-8 graders)
Sponsored by CHILL & FRESH
For more information, contact Regina Clark, Franklin County
Community Organizer (540/483-0582)

Latino Health Fair

Saturday - April 27 - 10:00 am – 3:00 pm Martinsville National Guard Armory No Charge – Spanish Interpreters Available For more information, contact Becky Lovell 632-7128 ext. 1335



PARKING LOT REMINDER

Seasonal mowing around agency locations will begin soon. Please remember to allow space between your vehicles and the curb so the lawn mowers can pass safely. Please also remember to park center

between the lines so we have enough parking for everyone and to protect the car doors for yourself and coworkers.

PCS Family News Corner CONGRATULATIONS AND BEST WISHES!



Monica Wilson, and her husband Branden, would like to express their sincere

appreciation for all the prayers and concern during the birth of their daughter, Alycia. **CONGRATULATIONS AND BEST WISHES FROM EVERYONE AT PCS!**

GOT NEWS? CALL BECKY LOVELL, EXT. 1335.

Hand Washing is a simple way to prevent Infection...

According to the Center for Disease Control (CDC) and Mayo Clinic, it has been estimated that proper hand-washing could eliminate close to half of all cases of food-borne illness. Despite the proven health benefits of hand washing, many people don't wash their hands properly or enough. Throughout the day you accumulate germs on your hands from a variety of sources. Here are five common scenarios of how grems are transferred:

- 1. Hands to Food
- 2. Infected infant to hands to other children
- 3. Food to hands to food
- 4. Nose, mouth, or eyes to hands to others
- 5. Food to hands to infants

Hand washing can prevent the transfer of germs in all five scenarios. The CDC recommends vigorous scrubbing with warm, soapy water for at least 15 seconds. It may also prevent both you and those around you from getting sick.

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Got Health Insurance Questions?

Gateway Health

respresentatives will be available for a Question & Answer Session

Thurday, April 25, 2013 9:30 – 11:30 am PCS Board Room Martinsville Office