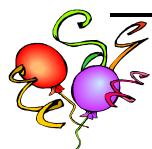




June 2013



### Birthdays To Celebrate

|                    |      |    |
|--------------------|------|----|
| Hiawatha Jefferson | June | 1  |
| Yolanda Millner    | June | 2  |
| Lois Barbour       | June | 2  |
| Clara Taylor       | June | 3  |
| Dennis Wilson      | June | 5  |
| Debra Burge        | June | 6  |
| Stephanie Roberts  | June | 6  |
| Jan Sirkle         | June | 7  |
| Timothy Wilder     | June | 7  |
| David Williams     | June | 8  |
| LeVair Hairston    | June | 14 |
| Rena Fielding      | June | 15 |
| Letitia Irvin      | June | 16 |
| Susan Whorley      | June | 18 |
| Robert Hatcher     | June | 19 |
| Jennifer Berry     | June | 19 |
| Emily Hiatt        | June | 20 |
| LaKita Goins       | June | 20 |
| Carolyn Whiting    | June | 21 |
| Mercelle DeHart    | June | 21 |
| Amanda Folman      | June | 21 |
| Kimbly Kellam      | June | 23 |
| Fred Eskridge      | June | 24 |
| Kippy Cassell      | June | 24 |
| Nathanael Smith    | June | 25 |
| Anne Surber        | June | 25 |
| Angie Soyars       | June | 25 |
| Dorothy Martin     | June | 26 |
| Natasha Jones      | June | 30 |
| Sue Turner         | June | 30 |

### Office Panels For Sale

PCS has some office panels for sale for \$15 per panel, cash and carry. The panels vary in size and are located at 24 Clay Street. Please contact Mary Potter (276/632-2108 ext. 1344) or Carolyn Whiting (276/340-0746) for more information.

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### PCS HOLIDAY Independence Day

Wednesday July 3  
Close at 3:00 pm

Wednesday, July 4 - closed

**FREE...FREE...FREE**

**Celebration 2013**

**Martinsville Speedway**

**Wednesday, July 3, 2013**

**Free Concert, Fireworks and  
Rides for the Kids**

Celebration 2013 will kick off at 5:00 pm (until 11:30 pm) on Wednesday, July 3 at the Martinsville Speedway. Carnival rides for children will be available until 11:30 pm. Night Ranger will perform beginning at 8:00 pm. Fireworks will be immediately following the concert at around 10 pm. For more information, see the Martinsville Speedway website:  
[www.MartinsvilleSpeedway.com](http://www.MartinsvilleSpeedway.com).

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### HPR III Training Institute

**September 24-26, 2013**

**Holiday Inn – Valley View/Airport  
Roanoke, VA**

The HPR III Training Institute will take place September 24-26 at the Holiday Inn – Valley View/Airport in Roanoke. Dr. Deborah Maxey will be the guest speaker. Dr. Maxey is a licensed professional counselor and marriage & family therapist. She is the owner of Peachtree Counseling Center in Lynchburg, VA, and is certified in many areas of addiction and domestic abuse.

Other workshop topics will include Animals as Partners in Therapy, Autism, Vital Knowledge for Healthy Pregnancies, The Enneagram, and Supervision for the Next Generation of Clinicians. Contact Bonnie Favero at [bfavero@piedmontcsb.org](mailto:bfavero@piedmontcsb.org) for registration and other information.

### Welcome New Employees



**Ashley Millner** was hired as Hourly/In Home on 5/8/13 and reports to Gail Anderson.

**Phyllis Breedlove** was hired as Hourly/In Home on 5/14/13 and reports to Monica Yates.

**Mackensie Gravely** was hired as Hourly/In Home on 5/13/13 and reports to Tamayra Holland.

**Ashley Clark** was hired as Hourly Personnel on 5/15/13 and reports to Monica Yates.

**Stephanie Ross** was hired as Medical Records Technician on 5/21/13 and reports to Kippy Cassell.

**Lois Barbour** was hired as Prescreeener on 5/21/13 and reports to Darwin Honeycutt.

### NEW DUTIES:

**Melinda Hodges** is now Residential Support Specialist and reports to Gail Anderson.

**Bonita Vipperman** is now Lead Mental Health Case Manager and reports to Darwin Honeycutt.

**Kristian Terry** is now PSR Program Manager in Franklin County and reports to Annie Webster.

### 21<sup>st</sup> Annual Healing Arts Exhibit

There is still time to see the 21<sup>st</sup> Annual Healing Arts Exhibit at Piedmont Arts Association. The exhibit will be on display through June 14. The subtitle of this year's exhibit is "Peace, Love & Hope". Artwork is on sale at very reasonable prices with the proceeds being used to purchase supplies for future exhibits.

For more information, please contact James Thomas (632-9608).

## ***Employee Recognition Awards Congratulations!***

### **CLINICAL**

#### **Above & Beyond Awards:**

Velma Keese

### **ADMINISTRATION**

#### **Team Spirit Awards:**

|              |                 |                  |
|--------------|-----------------|------------------|
| Carl Dodson  | Sherman Penn    | Carolyn Whiting  |
| Todd Woodall | Donna Doughton  | Veraine Randolph |
| Tammy Eames  | Melissa Gregory | Samantha Hodges  |

#### **Positive Attitude Awards:**

|                    |               |                |
|--------------------|---------------|----------------|
| Sandra Bailey      | Taylor Hurst  | Teresa Bowling |
| Susie Sizemore (2) | Sandra Keatts |                |

## **Summer Brings Tick-Borne Infections**



Lyme Disease is the most common tick-borne infection reported in Virginia and it is becoming more common. In 2007 Lyme Disease cases began to increase dramatically and has remained high since that time. Some common symptoms of Lyme Disease are: fever, headache, malaise, fatigue, Erythema migrans skin lesion ("bull's-eye rash"), and stiff neck.

Another tick-borne disease found in this area is Rocky Mountain Spotted Fever. Symptoms develop 2-14 days after the tick bite. Some common symptoms are: chills, fever, severe headache, muscle pain, mental confusion, and a rash that first appears on the wrists.

A bacteria carried by ticks is the cause of these tick related diseases. Some ways to reduce your risk are to wear proper clothing when outdoors, use repellants, and remove ticks promptly. Always report any case of Lyme Disease or Rocky Mountain Spotted Fever to the local health department. Remember, ticks become more active in warmer weather and if you have symptoms, see a doctor as soon as possible.

## **PCS Family News Corner CONGRATULATIONS AND BEST WISHES!**



**Jennifer Oginz** is proud to announce that her son **Zachary Michael** will graduate with honors from Hidden Valley High School on June 7. He plans to attend Roanoke College this fall. **OUR CONGRATULATIONS TO ZACHARY AND TO THE OGINZ FAMILY!**

**Leslie Firebaugh**, along with her niece and her husband, Tracey and Michael Evans, competed as a team in the Mixed Relay Division of the Smith Mountain Lake Triathlon on May 4. Leslie was the swimmer, braving a water temperature of 58°, Michael was the biker and Tracey was the runner. Their relay team, "Fans of Michael Evans", took first place in their division and second place in the overall relays. They plan to defend their title next year. **CONGRATULATIONS TO THE "FANS OF MICHAEL EVANS" TEAM!**

**Lisa Lieteau** is happy to announce her May 11 graduation from Patrick Henry Community College. She received an Associate of Arts and Science Degree in General Studies with a specialization in Human services. **CONGRATULATIONS FROM EVERYONE AT PCS!**

**Gail Anderson** is happy to announce that her son **Daniel** received an associate degree in general studies from Virginia Western Community College on May 10. He will be attending Radford University this fall. **CONGRATULATIONS DANIEL AND TO THE ANDERSON FAMILY!**

**Anne Surber** is happy to announce that her daughter, **Hanna** (9<sup>th</sup> grader at Martinsville High School) received her Big M Award and her daughter, **Madison** (5<sup>th</sup> grader at Patrick Henry Elementary School), received the BIG M Award also. In order to receive the Big M Award a student must have a 3.7 or higher GPA. **Hannah** was also accepted in the Summer Enrichment Program at UVA in Charlottesville. **CONGRATULATIONS TO ANN AND TO HER GIRLS FROM EVERYONE AT PCS!**

**GOT NEWS? CALL BECKY LOVELL, EXT. 1335.**

## **Prevention Connection to present A Class in Positive Parenting**

The Prevention Connection will provide the Positive Parenting class for parents and caregivers in August. Positive Parenting is an informal program about raising children. Discipline techniques, effective communication skills, stress management and healthy coping skills will be among the topics discussed. The Triple P Positive Parenting Program will be used.

Classes will be held each Tuesday evening June 25 – August 13, 5:30 – 7:00 pm. The cost of the eight-week program is \$100. Please call 276/632-4037 for registration and other information.